

What's *Cooking*



September Cooking Calendar

Depending on the class selected, the class will either be a demonstration only or a combination of demonstration and hands-on. Samples served and recipes provided.

 demonstration class  hands-on class

Freezer Meals Featuring Vegetarian Recipes

The key to a quick vegetarian meal on a busy day is doing the work ahead of time. Come and learn easy tips and tricks for freezer meal success. Then take home a tasty, nutritious, freezable meal of your own!

Thursday September 14, 2017
5:00 p.m. – 7:00 p.m.
\$65 + GST


Chinese Take Out Inspired Foods

Are Green Onion Cakes, Pork Dumplings and Ginger Beef on your mind? Skip the take-out menu and learn how to make these favourite Chinese restaurant dishes at home. We will show you the technique and give you the ingredients – you create and enjoy the dishes.

Thursday September 21, 2017
5:00 p.m. – 7:00 p.m.
\$65 + GST

September Cooking Calendar

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 demonstration class  hands-on class

Homemade Salsa

Salsa is for any time of year! Learn how to make fresh salsas with unique ingredients to liven up any meal or party. Make and take home a traditional tomato-based salsa and a trendy fruit salsa.

Thursday September 28, 2017
5:00 p.m. – 7:00 p.m.
\$65 + GST

Have a question about our Edmonton Classes?

Contact us by phone at **780-420-7282** or visit our website for additional details.