



# Recipes

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## GLAMBURGERS

2 lb (1 kg) lean ground beef  
1/3 cup (75 mL) finely chopped onion  
1/3 cup (75 mL) soft fresh bread crumbs  
1/4 cup (50 mL) dry red wine  
1 egg, lightly beaten  
2 tbsp (25 mL) chopped fresh parsley  
1 tsp (5 mL) seasoned salt  
1/2 tsp (2 mL) basil, crumbled  
1/2 tsp (2 mL) oregano, crumbled

1/2 tsp (2 mL) thyme, crumbled  
1/2 tsp (2 mL) freshly ground pepper  
6 large hamburger or kaiser buns  
6 lettuce leaves  
6 large tomato slices  
6 mozzarella cheese slices  
Mustard Grilled Onions (recipe follows)  
Basil Aioli (recipe follows)

Combine first 11 ingredients (beef through pepper). Shape mixture into 6 patties. Grill patties over medium heat on natural gas barbecue until completely cooked. Serve in buns with lettuce, tomato, cheese, Mustard Grilled Onions and Basil Aioli. Serves 6.

### **Mustard Grilled Onions**

2 large sweet onions, sliced 1/2 inch  
(1.25 cm) thick  
1/4 cup (50 mL) butter, melted  
1/4 cup (50 mL) Dijon mustard

1/4 cup (50 mL) honey  
1 1/2 tsp (7 mL) Worcestershire sauce  
1/4 tsp (1 mL) savory, crumbled

Run 2 thin metal skewers parallel to each other through each onion slice, placing skewers about 1 inch (2.5 cm) apart. This will keep onion slices intact during grilling. Combine remaining ingredients (melted butter through savory). Brush some of the melted butter mixture over onions. Grill onions over medium heat on natural gas barbecue, basting with remaining melted butter mixture, until onions are tender and golden brown, about 7 - 10 minutes. Turn once during cooking. Serves 6.

### **Basil Aioli**

1/2 cup (125 mL) mayonnaise  
2 tbsp (25 mL) chopped fresh basil

1 clove garlic, crushed  
1/4 tsp (1 mL) freshly ground pepper

Combine all ingredients until blended. Cover and refrigerate for up to 2 hours. Serve with burgers or fish. Makes 1/2 cup (125 mL).

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