Recipes

ASIAN TURKEY BURGERS

- 1 lb (0.5 kg) ground turkey
- 1/2 cup (125 mL) fresh bread crumbs
- 1/4 cup (50 mL) **each** chopped fresh cilantro, mint and basil
- 1 clove garlic, crushed
- 1 tbsp (15 mL) lime juice
- 1 tbsp (15 mL) soy sauce
- 2 tsp (10 mL) sugar
- 1/4 tsp (1 mL) salt
- 1/4 tsp (1 mL) hot pepper sauce
- 4 hamburger buns **or** hamburger-style pita bread
- Lettuce leaves and sweet pickle slices

Combine first 11 ingredients (turkey through hot pepper sauce). Shape mixture into 4 patties. Grill patties over medium heat on natural gas barbecue until completely cooked. Serve in buns with lettuce and pickles. Serves 4.

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