

## ICED CHAI

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|---|----------------------------|
| 4 English breakfast tea bags                        | 4 cups (1 L) boiling water |
| 1 piece (1 inch/2.5 cm) fresh ginger, thinly sliced | 1 cup (250 mL) milk        |
| 1 stick cinnamon                                    | 1 tsp (5 mL) vanilla       |
| 3 tbsp (40 mL) honey                                | Ice                        |

Combine tea bags, ginger, cinnamon and honey in a tea pot. Add boiling water; let stand 10 minutes. Remove tea bags; chill tea in refrigerator. Strain tea into a serving pitcher. Stir in milk and vanilla. Serve in tall glasses over ice. Serves 4.