



Recipes

TOFU CAESAR SALAD DRESSING

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| 3/4 cup (175 mL) cubed soft tofu | 1 clove garlic, finely chopped |
| 2 tbsp (25 mL) fresh lemon juice | 1/2 tsp (2 mL) sugar |
| 2 tbsp (25 mL) water | 1/2 tsp (2 mL) salt |
| 2 tsp (10 mL) Dijon mustard | 1/2 tsp (2 mL) freshly ground pepper |
| 1 tsp (5 mL) Worcestershire sauce | 1/3 cup (75 mL) freshly grated Parmesan cheese |

1. Place all ingredients except Parmesan cheese in a food processor; process until smooth.
2. Add Parmesan cheese; process until combined. May be refrigerated for up to 2 days.
3. Stir before using. Toss dressing with torn romaine lettuce and croutons.

Makes 1 cup (250 mL).