# Blue Flame KITCHEN<sup>M</sup> SPRING CLEANING CHECKLIST

## Whole House

- Clean windows, and window screens, window treatments, and ceiling light fixtures
- Dust walls with a slightly damp, clean cloth. Wash walls only if needed
- Dust ceiling fans and wipe blades using a damp microfibre cloth
- Vacuum cold air returns and furnace vents. Damp wipe them clean
- Wash garbage, recycle and compost bins inside the house and disinfect them if needed
- Check and replace furnace filters
- Check and replace batteries in smoke detectors, and carbon monoxide detectors
- Uncover and clean your air conditioner and get it ready to go, according to your manual
- Clean and demineralize your humidifier filter
- Shake out and air outside all area mats and small carpets
- Clean indoor and outdoor doormats to prevent new dirt from coming inside

## Kitchen

- Empty the pantry and go through food items; get rid of any outdated items
- Clean your oven
- Clean outside of kitchen cabinet doors. Use a wood cabinet conditioner, if needed.
- Fully clean and defrost your refrigerators and freezers
- Ensure your dishes are getting clean by cleaning your dishwasher

### Bedrooms

- Clear out the clothes closets and change out winter gear to spring stuff
- Reorganize your clothes closets with new shelves or boxes and bins
- Vacuum bed mattresses and turn over or rotate.
- Clean bed pillows and comforters
- Thoroughly clean all children's toys

### Bathrooms

- Take apart and clean bathroom fans
- Clean outside of bathroom cabinet doors
- Go through bathroom cabinets and remove any old products. Bring expired prescriptions to the pharmacy for safe disposal
- Disinfect tiles and bathtub with a bleach solution (2 tbsp bleach in 4 cups water)