



What's COOKING

EDMONTON
KITCHEN

OCTOBER

EVENING CLASSES

The class will be a combination of demonstration and hands-on. Food & beverages are served at each class. Copies of the featured recipes will be distributed.

HANDS-ON: EXTRAORDINARY OKTOBERFEST

Learn how to put some oom-pah into your Oktoberfest at this hands-on cooking class. We'll be making German fare, like from-scratch soft pretzels and mouth-watering chicken schnitzel.

\$65 | 6 – 8PM | Thursday, October 3

HANDS-ON: ONE-POT WONDERS

Cooking is all fun and games until someone has to do the dishes! Let us show you how to make delicious one-pot meals that require minimal clean up, with recipes for family-friendly dishes like Beef and Broccoli Noodle Stir-Fry, Honey Dijon Pork Medallions with Garden Vegetables and Tomato Chili Rosé Pasta.

\$65 | 6 – 8PM | Thursday, October 10

HANDS-ON: FLAVOURFUL FISH

Fish can be intimidating to those of us who live in a land-locked province. Many of us stick to salmon and never learn about the wider world of fish. At this hands-on class, we'll help you build the confidence to better explore your local fish counter. We'll make a number of delicious fish dishes, like our ultra-flavourful Halibut with Citrus Salsa and cod with lemon caper vinaigrette.

\$65 | 6 – 8PM | Thursday, October 17

WEEKEND CLASSES

The class will be a combination of demonstration and hands-on. Food & beverages are served at each class. Copies of the featured recipes will be distributed.

HANDS-ON: INSTANT POT THANKSGIVING

Let your Instant Pot or pressure cooker make Thanksgiving dinner for you! At this hands-on class, we'll show you how to cook turkey pieces and festive stuffing in your machine, and more!

\$85 | 10AM – 1PM | Saturday, October 5

KIDS COOKING CLASSES (Ages 9 – 12)

HANDS-ON: HARRY POTTER – IN THE KITCHEN AT HOGWARTS

Calling all wizards and muggles alike! Kids can spend their PD Day using their wizarding skills in the kitchen, making recipes that pay homage to the great Harry Potter. We'll be making chocolate pretzel wands, cauldron cakes and other magical treats.

\$60 | 9:00AM – 12:30PM | Friday, October 25

\$60 | 9:30AM – 1:00PM | Saturday, October 26



OUR KITCHEN FACILITY IS LOCATED AT 10035 105 ST NW, EDMONTON
Contact us at 780 420 7282 or visit atcoblueflamekitchen.com for details.

