

A Young Chef's Guide to Measuring Ingredients

Measuring Tool	Use	Common Sizes	Ingredients
	Measuring large amounts of <u>wet</u> ingredients	4 cups 2 cups 1 cup	Milk Juice Water
	Measuring large amounts of <u>dry</u> ingredients	1 cup 1/2 cup 1/3 cup 1/4 cup 1/8 cup	Flour Sugar Cocoa powder
	Measuring small amounts of <u>wet or dry</u> ingredients	1 tablespoon 1/2 tablespoon 1 teaspoon 1/2 teaspoon 1/4 teaspoon 1/8 teaspoon	Baking powder Salt Sugar Honey Jam Peanut Butter

Helpful Tips:

Tbsp. = tablespoon (hint: tbsp. has a "b" in it. "B" stands for BIG!)

Tsp. = teaspoon